

Dr. M. Basheer Ahmed's Eye-Opening Book on Gun Violence Will Be Displayed at the 2023 Los Angeles Times Festival of Book

The author takes a disturbing look at the most pressing issue in American society, which is gun violence.

San Diego, CA – [WEBWIRE](#) – Tuesday, March 28, 2023

Self-publishing and book marketing company Readers Magnet will display the book *“Why Are Americans Obsessed with Guns, And Willing to Pay a High Price for Them?”* by **Dr. M. Basheer Ahmed** at the Los Angeles Times Festival of Book 2023. The book festival will take place on April 22-23, 2023, at the University of Southern California, Los Angeles, USA.

The L.A. Times Festival of Books is a yearly outdoor event in the heart of California, attracting approximately 150,000 fairgoers. What's impressive is that this is Readers Magnet's third time exhibiting at the book festival. To encourage more visitors to visit their exhibit, the company will set up a larger booth, provide more exciting activities, and display more book titles.

The book *“Why Are Americans Obsessed with Guns, And Willing to Pay a High Price for Them?”* discusses the issues of gun violence in American society. In this book, the author examines this issue from a historical and clinical perspective.

Dr. Ahmed has researched intensely on why Americans are so obsessed with the possession of guns. When arriving to America nearly 300 years ago, before law and were established, immigrants continuously fought with American Indians and, when moved west, they faced voracious animals. Everyone in the family, including children learned to use guns. After such a long period, it would be hard to imagine life without guns. Although the USA became one of the most civilized countries in the world, this obsession continued.

Hundreds of thousands of children and families have been affected by mass shooting for many years, most of which happen in schools. And most survivors of mass shooting suffer Post-Traumatic Stress Disorder (PTSD), which causes anxiety and depression. Some of these patients even took years to recover fully. Unfortunately, the emotional and psychological wounds of these people are often unrecognized. There are not enough counselors to provide supportive counseling services, and no one has studied the long-term psychological effects on these young people.

With Dr. Ahmed's straightforward and eye-opening statements, readers will have a profound knowledge of how individuals develop the psychological effects of mass shooting incidents. Dr. Ahmed expertly shares his analysis and outlook as a psychiatrist and rights activist in every data presented. Focusing on where proactive change can and should take place, Dr. Ahmed advocates for expanded public education efforts to combat the epidemic of gun ownership and resultant violence in the United States. He suggests that it is important to have an education component along with restricting laws for gun possession. Both high school and college teachers, religious leaders, and healthcare professionals must make an effort to educate the general population that guns are not necessary, as they pose more danger to life than saving lives. His arguments are thorough and cogent, and, if adopted by policymakers, this will help stem the plague of gun violence in American society.

Anyone interested in reading **M. Basheer Ahmed's** ***"Why Are Americans Obsessed with Guns, And Willing to Pay a High Price for Them?"*** can purchase a copy of book on [Amazon](#) and [Barnes & Noble](#). Make sure to visit the Readers Magnet exhibit booth #225 at the 2023 Los Angeles Times Festivals of Books to view the book's display.

"Why Are Americans Obsessed with Guns, And Willing to Pay a High Price for Them?"

Author | M. Basheer Ahmed, M.D.

Published Date | August 28, 2022
Publisher | Mary Ethel Eckard
Genre | Social Justice

Author Bio

Dr Basheer Ahmed is a psychiatrist and a social activist. He enjoyed a long career as a professor, public speaker, and author of books and articles. After retiring from private practice, Dr. Ahmed has devoted his time to social service activities and interfaith understanding. He founded three organizations: the Muslim Community Center for Human Services, providing health and social services to indigent residents of the Dallas-Fort Worth area, the Institute of Quranic Knowledge, and Intra-faith relations (IQRA for pan organization promoting intra-faith sectarian harmony, and the Institute of Medieval and Post-Medieval Studies (IMPMS), disseminating information about Muslim contributions to world civilization and inspiring young students to become scientists. As a psychiatrist, he has seen firsthand the ghastly toll gun violence has taken physically and emotionally on patients as well as on the communities, which prompted him to write this book.