



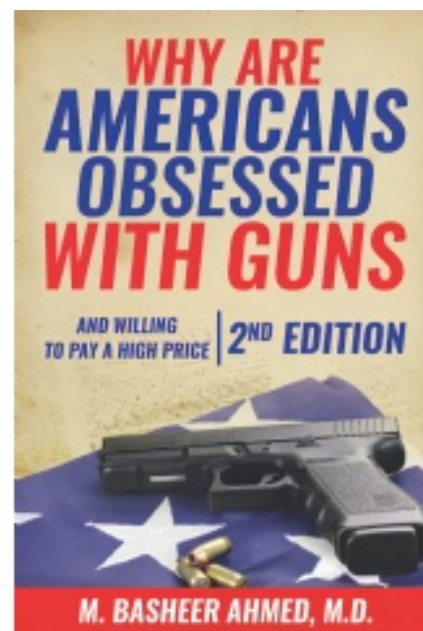
Dr. M. Basheer Ahmed's Eye-Opening Book on Gun Violence Will Be Displayed at the 2023 Los Angeles Times Festival of Book

The author takes a disturbing look at the most pressing issue in American society, which is gun violence.

San Diego, CA – [WEBWIRE](#) – Tuesday, March 28, 2023

Self-publishing and book marketing company ReadersMagnet will display the book *“Why Are Americans Obsessed with Guns, And Willing to Pay a High Price for Them?”* by **Dr. M. Basheer Ahmed** at the Los Angeles Times Festival of Book 2023. The book festival will take place on April 22-23, 2023, at the University of Southern California, Los Angeles, USA.

The L.A. Times Festival of Books is a yearly outdoor event in the heart of California, attracting approximately 150,000 fairgoers. What's impressive is that this is ReadersMagnet's third time exhibiting at the book festival. To encourage more visitors to visit their exhibit, the company will set up a



“ “I recommend that Dr. Basheer's work be read by scholars, students, activist

larger booth, provide more exciting activities, and display more book titles.

The book ***“Why Are Americans Obsessed with Guns, And Willing to Pay a High Price for Them?”*** discusses the issues of gun violence in American society. In this book, the author examines this issue from a historical and clinical perspective.

Dr. Ahmed has researched intensely on why Americans are so obsessed with the possession of guns. When arriving to America nearly 300 years ago, before law and order were established, immigrants continuously fought with American Indians and, when moved west, they faced voracious animals. Everyone in the family, including children learned to use guns. After such a long period, it would be hard to imagine life without guns. Although the USA became one of the most civilized countries in the world, this obsession continued.

Hundreds of thousands of children and families have been affected by mass shootings in many years, most of which happen in schools. And most survivors of mass shootings suffer Post-Traumatic Stress Disorder (PTSD), which causes anxiety and depression. Some of these patients even took years to recover fully. Unfortunately, the emotional and psychological wounds of these people are often unrecognized. There are not enough counselors to provide supportive counseling services, and no one has studied the long-term psychological effects on these young people.

With Dr. Ahmed’s straightforward and eye-opening statements, readers will have a profound knowledge of how individuals develop the psychological effects of mass shootings. Dr. Ahmed expertly shares his analysis and outlook as a psychiatrist and human rights activist in every data presented. Focusing on where proactive change can and should take place, Dr. Ahmed advocates for expanded public education efforts to combat the epidemic of gun ownership and resultant violence in the United States. He suggests it is important to have an education component along with restricting laws for gun possession. Both high school and college teachers, religious leaders, and healthcare professionals must make an effort to educate the general population that guns are not

and elected officials.

Digesting it and implementing its recommendations will benefit our society and those who reside in it.” – Dr. Lee Brown

necessary, as they pose more danger to life than saving lives. His arguments are thoughtful and cogent, and, if adopted by policymakers, this will help stem the plague of gun violence in American society.

Anyone interested in reading **M. Basheer Ahmed's "Why Are Americans Obsessed with Guns, And Willing to Pay a High Price for Them?"** can purchase a copy of the book on [Amazon](#) and [Barnes & Noble](#). Make sure to visit the ReadersMagnet exhibit booth #225 at the 2023 Los Angeles Times Festivals of Books to view the book's display.

"Why Are Americans Obsessed with Guns, And Willing to Pay a High Price for Them?"

Author | M. Basheer Ahmed, M.D.

Published Date | August 28, 2022

Publisher | Mary Ethel Eckard

Genre | Social Justice

Author Bio

Dr. Basheer Ahmed is a psychiatrist and a social activist. He enjoyed a long career as a professor, public speaker, and author of books and articles. After retiring from private practice, Dr. Ahmed has devoted his time to social service activities and interfaith understanding. He founded three organizations: the Muslim Community Center for Leadership Services, providing health and social services to indigent residents of the Dallas-Fort Worth area, the Institute of Quranic Knowledge, and Intra-faith relations (IQRA) for peace, an organization promoting intra-faith sectarian harmony, and the Institute of Medieval Post-Medieval Studies (IMPMS), disseminating information about Muslim contributions to world civilization and inspiring young students to become scientists. As a psychiatrist, he has seen firsthand the ghastly toll gun violence has taken physically and emotionally on patients as well as on the communities, which prompted him to write this book.

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